

Notice

For those who are not fit enough to kneel / stand throughout the Way of the Cross, you may choose to sit.

Please Stand

Intro

Today, the Way of the Cross is focusing on RECONCILIATION. In each station, Jesus suffered for our sins that hurt Him. With repented hearts, let us ask Jesus for forgiveness as we journey with Him in the Way of the Cross.

HYMN- VICTORY

O Cross, reign victorious!
O Cross! Thou wilt redeem us

For all who yearn to see Give light, let darkness cease True source of liberty O Cross, God's seal of peace. Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

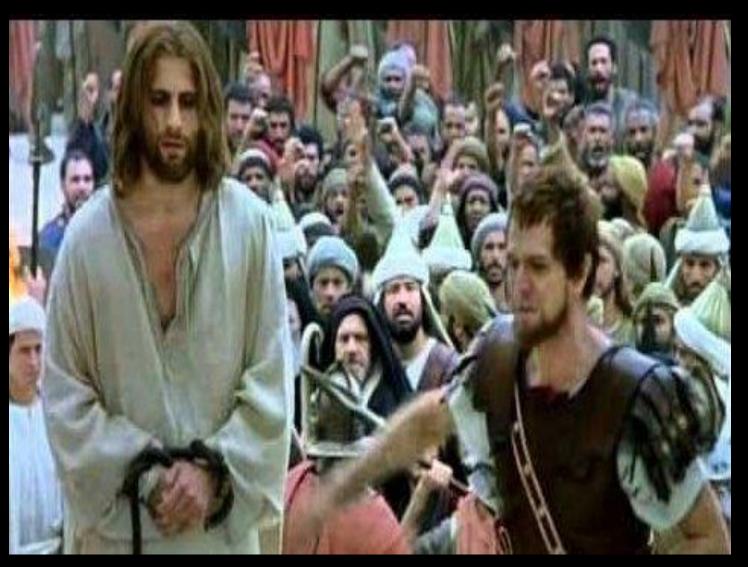
"O God, You willed Your Son to undergo for us the humiliation of the Cross to deliver us from the power of evil.

We pray You, fill our hearts with love for Christ and sorrow for sin, and grant that we may gain the grace of His Resurrection. Through the same Christ Our Lord and Saviour."

All: Amen.

FIRST STATION

Jesus is condemned to death



Why do they condemn Jesus?
He wants to change everything:
He blesses the poor; He is a
friend to sinners; He does not
respect money and power;



Leader (cont'd):

He asks everyone to repent and change their ways...He disturbs everybody...It is easier to get rid of Him than to change oneself.



Please kneel

We adore You, O Christ, and we bless You.

All:

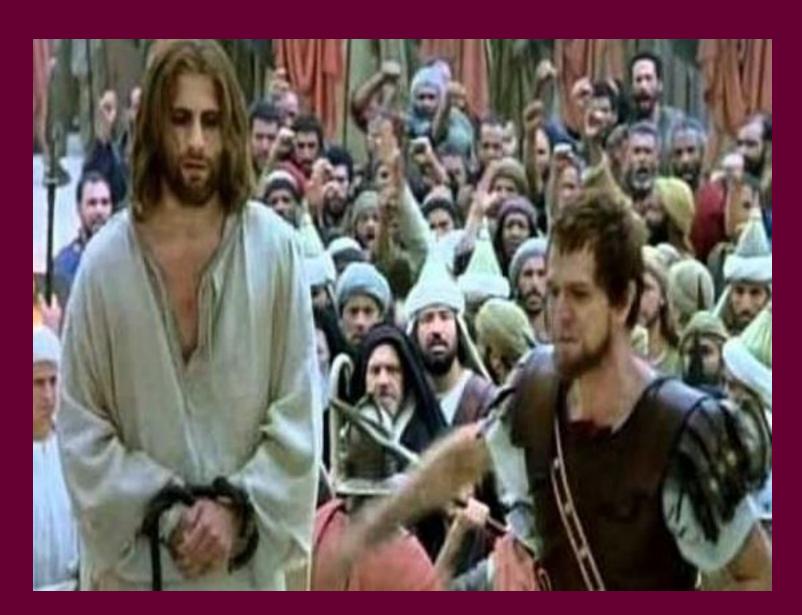
Because by Your Holy Cross, You have redeemed the world.

All

Lord, convert us:
Help us to be at least willing
to change our ways.
Help us to repent and be
converted.



Pause and reflect

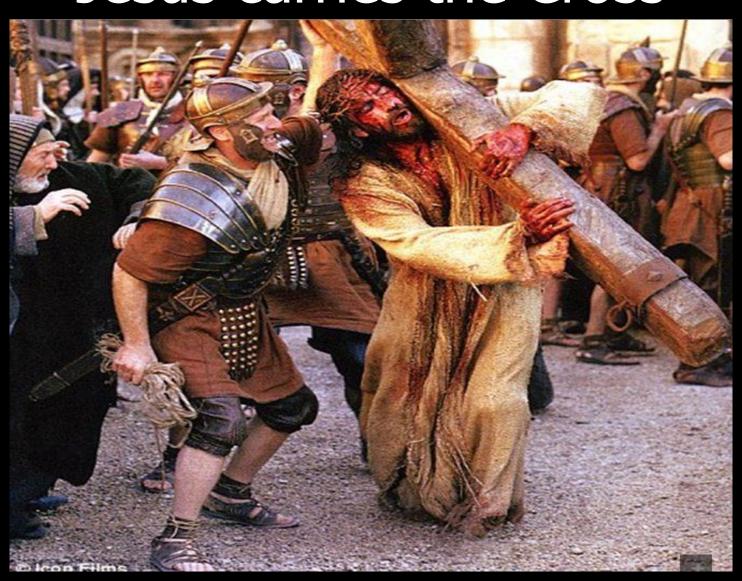


Please Stand

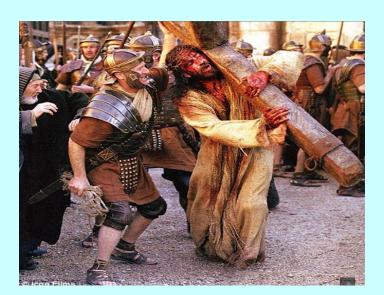
HYMN -THIS IS MY COMMANDMENT

This is My Commandment: Love one another as I have loved you, Charity is mild, charity thinks no evil, Charity can hope to the end.

SECOND STATION Jesus carries the Cross



What is the Cross? No man looks for it. On the contrary, we do all we can to escape from it... Yet it is one of the basic values of our faith:



Leader (cont'd):

"If anyone wants to be a follower of Mine, let him renounce himself and take up his cross and follow Me." (Mark 8:34).



Leader (cont'd):

The Cross is the sign of the Christian!



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, we are afraid of the cross. Help us to be generous enough to accept it, as You did, to save the world!



Pause and reflect



Please Stand

HYMN – GOD GIVES HIS PEOPLE STRENGTH

God gives His people strength If we believe in His way, He's swift to repay, All those who bear the burden of the day, God gives His people strength.

THIRD STATION Jesus falls the first time



We fail...We fall...We would like to change, but we are comfortable in our ways — and we like them — "I am like that" — and so we stop repenting.



Leader (cont'd):

What a difference with our Lord! As soon as He falls down, He gets up again. He does not give up.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, give us light... so that we may see ourselves as we really are.



All

Give us the courage to change, with Your help, what ought to be changed within us.



Pause and reflect



Please Stand

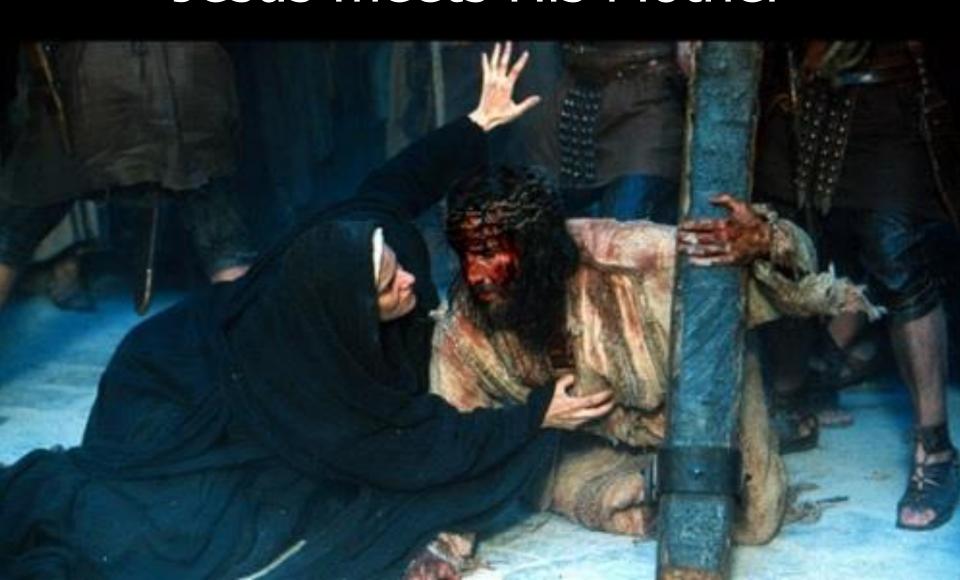
HYMN-GOD OF MERCY

God of mercy and compassion Look with pity upon me! Father! Let me call Thee "Father" 'Tis Thy Child returns to Thee

CHORUS

Jesus! Lord! I ask for mercy Let me not implore in vain! All my sins I now detest them, Help me not to sin again.

FOURTH STATION Jesus meets His Mother



There was never a greater union or communion than the one between Jesus and His mother.



Leader (cont'd):

Sometimes their thoughts ran on quite different lines, as it happened at the marriage at Cana



or when Mary found her young Son in the Temple, but never do we find any sign of anger, impatience or rejection between them.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

What an example, Lord, You and Your mother give us! Jesus, Mary, help us to remain one in mind,

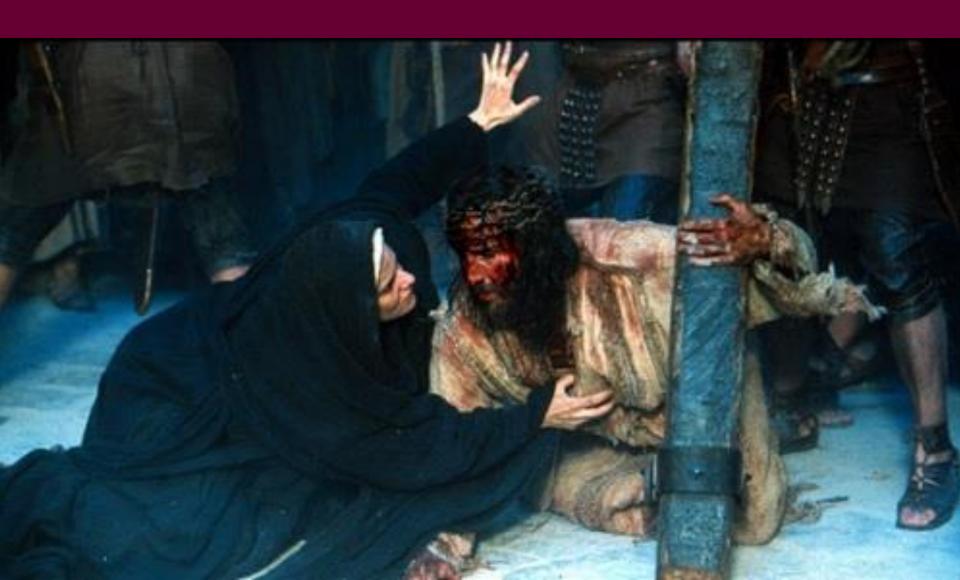


All

in spite of our differences in age, education, and our ways of thinking.



Pause and reflect



Please Stand

HYMN – AT THE CROSS HER STATION KEEPING

Through her heart, His sorrow sharing,
All His bitter anguish bearing
Now at length the sword has passed.

FIFTH STATION

Simon helps Jesus to carry the Cross



Co-operation is also one of the basic Christian values. Christ made the Way of the Cross for us... and He still makes it with us.



Do we co-operate with Him, as Simon did? Do we really do our share in bringing salvation to people around us?



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, help us to hear the call of John the Baptist: "Repent! Change your ways!"... so that we really share with You



All

that act of love which reunited men with God and with one another.



Pause and reflect



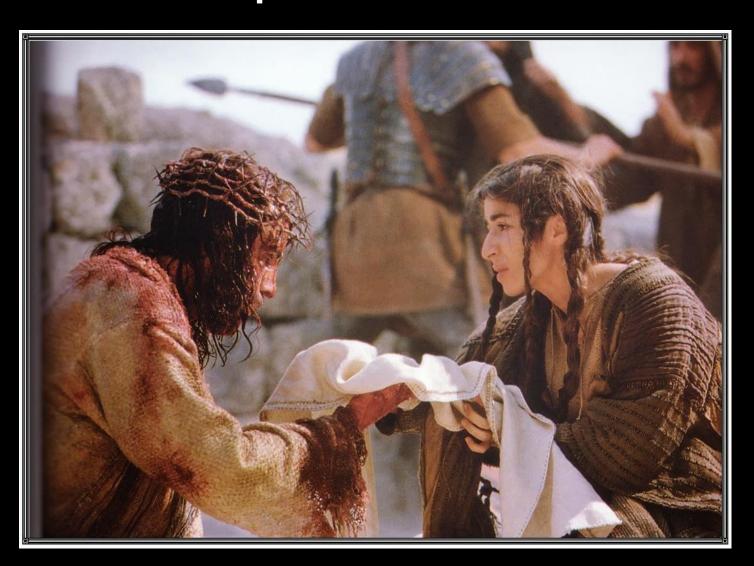
Please Stand

HYMN- GOD IS LOVE

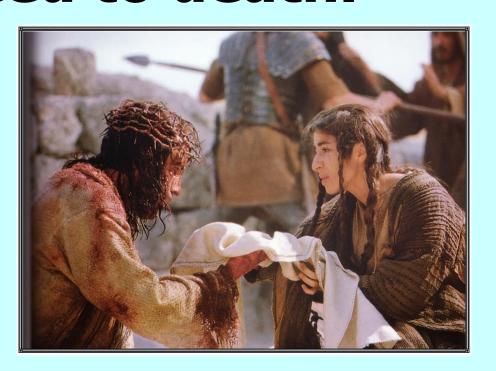
Love it was that made us And it was love that saved us Love was God's plan when He made man God's divine nature is love Born of God's love we must love Him That's why He made us: to love Him (But only when we love all men Can we partake of God's love- 2x)

SIXTH STATION

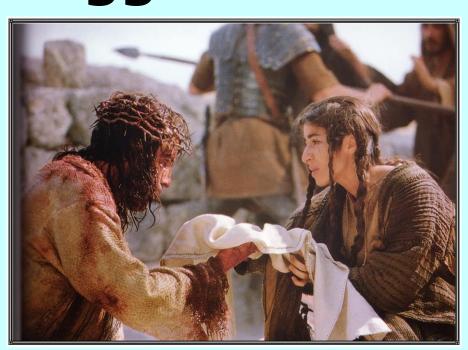
Veronica wipes the face of Jesus



Veronica is a woman who goes out of her way to show sympathy to one who is sentenced to death.



It may be that there are people around us who are rejected... hopeless, drunkards, drug addicts, beggars.



Leader (cont'd):

Shall we take the opportunities which are offered to us by going out of our way to do something for them?



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

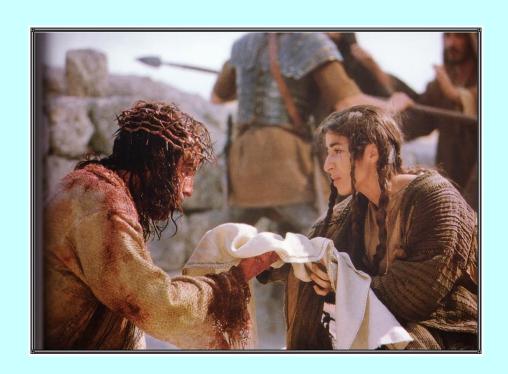
All

Lord, it is not easy to go against the tide... yet, it could be that some of those we consider to be "hopeless cases"



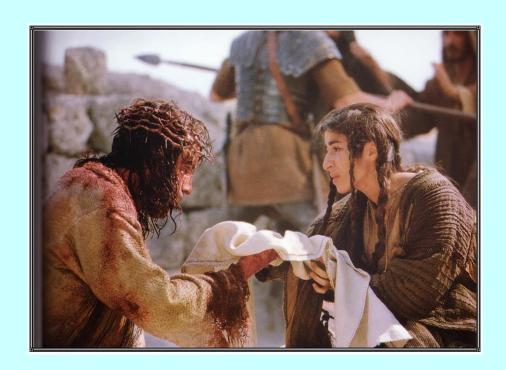
All

are more victims of prejudice and bad backgrounds than personally guilty.



AII

Give us the courage to try at least to approach and understand them.



Pause and reflect



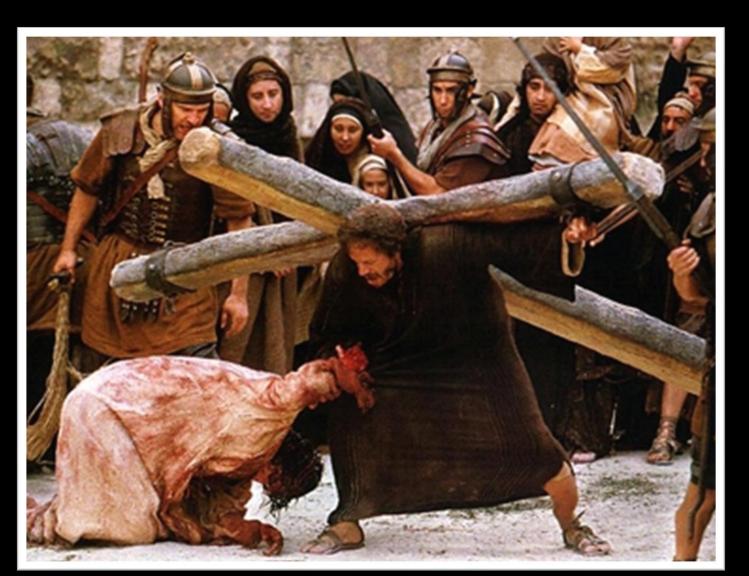
Please Stand

HYMN-THIS IS MY COMMANDMENT

This is My commandment: Love one another as I have loved you, Charity is meek, Charity seeks not its own, Charity has faith to the end.

SEVENTH STATION

Jesus falls the second time

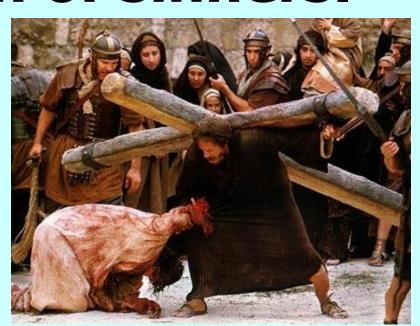


We follow the crowd and accept popular prejudices without thinking. We are tied down by what people may say and by our self-centredness.



Leader (cont'd):

And so we refuse to try and take on ourselves the mind of Jesus Christ Who accepted to be treated unjustly for the salvation of sinners.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

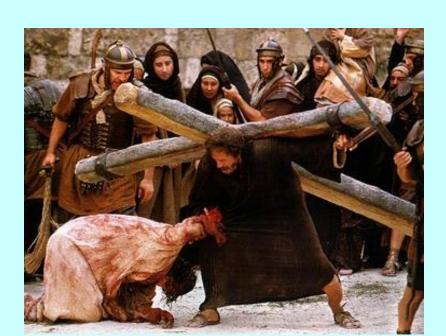
All

By the humiliation of Your second fall, open our eyes and give us the sense of sin.

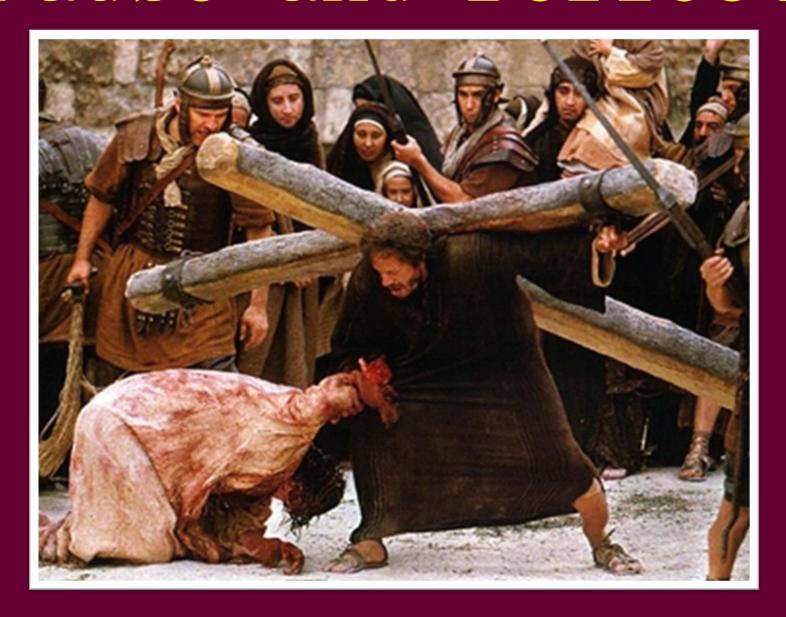
Make us realise the harm done by sin to God,

All

to others and to ourselves, because we will never repent if we remain blind to our guilt and self complacence.



Pause and reflect



Please Stand

HYMN – NEARER MY GOD TO THEE

Deep in Thy Sacred Heart, let me abide. Thou that hast bled for me, sorrowed and died. Sweet shall my weeping be, Grief surely leading me, Nearer, my God to Thee, Nearer to Thee.

EIGHTH STATION

The women of Jerusalem mourn for our Lord



To weep may be a sign of repentance, we weep because we fail to be reconciled with our neighbour.



But weeping is of no value if we only weep through self-pity and without doing anything to improve ourselves.



Leader (cont'd):

Feelings of guilt and remorse should lead us to effective contrition.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, once again we pray to You for the courage to repent and to change. Let us not simply moan and do nothing.

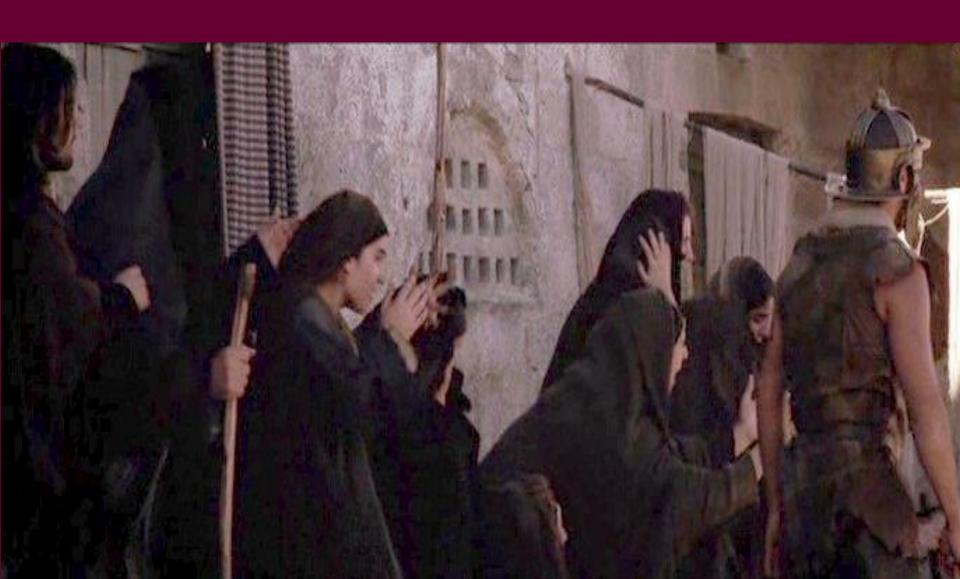


All

Let the experience of our past sins teach us to rely on God's grace and be aware of our weakness.



Pause and reflect



Please Stand

HYMN-WE STAND FOR GOD

- We stand for God and for His glory,
- The Lord supreme and God of all.
- Against His foes we raise His standard,
- Around his Cross we hear His call.

NINTH STATION

Jesus falls the third time



If somebody fails us once, we may excuse him. If he fails us the second time, we become impatient.



But if he fails us a third time, we are likely to wash our hands off him. "He can't be relied on," we say.

Leader (cont'd):

Yet, when we ourselves let someone down, it is very different. We always seem to have good reasons: which explain and excuse everything.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, through this meditation on Your third fall, help us to be patient with others, and not so ready to find excuses for ourselves.



All

We remember Your words: "The amount you measure out is the amount you will be given."



Pause and reflect



Please Stand

HYMN- VICTORY

O Cross, reign victorious!
O Cross! Thou wilt redeem us.

Renew our strength and valour,
Uplift the downcast man.
Prize hope in life's dark hour,
The deathless Life the span.

TENTH STATION

Jesus is stripped of His garments



We put our trust in the things which we can see and touch first of all, and only afterwards in God. We want to feel safe and protected.

Leader (cont'd):

We rely more on a solid bankaccount and on knowing the right people than we do on God.



Leader (cont'd):

Yet You, O Lord, allow Yourself to be stripped of everything. You were ever anxious to do the Father's will.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, help us to know and love what is essential - the building up of Your Kingdom... and teach us to rid ourselves of all that does not lead to You and Your Kingdom.

Pause and reflect



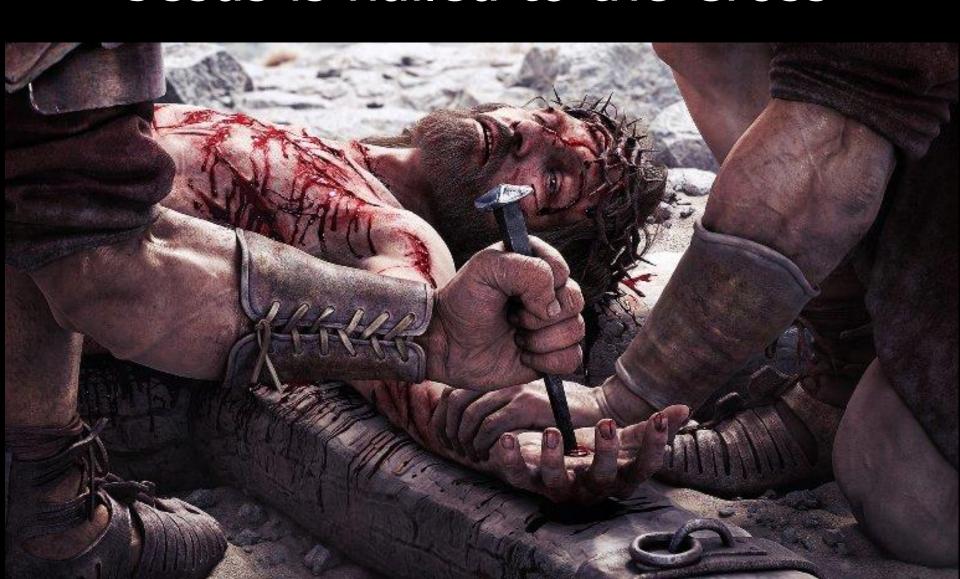
Please Stand

HYMN – AT THE CROSS HER STATION KEEPING

Christ, when Thou shall call me hence,
Be Thy Mother my defence,
Be Thy Cross my victory.

ELEVENTH STATION

Jesus is nailed to the Cross



Jesus has walked on earth doing good, announcing the Kingdom, forgiving sins and curing the sick.



Those days of activity are behind Him now.
On the cross He can move neither hand nor foot.



Yet it is now above all that He is perfecting the work of reconciling men with God and one another.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, when we suffer and can do little or nothing for ourselves and for others, may we remember



All

that we are hanging with You on the cross, sharing in Your power of making all men one with the Father and each other.



Pause and reflect



Please Stand

HYMN - YES I SHALL ARISE

Yes, I shall arise and return to my Father! Look down on me, have mercy O Lord; Forgive me my sins, behold all my grief.

TWELFTH STATION

Jesus dies on the Cross



Unless the grain of wheat is buried in the earth, it will remain what it is — a single, unimportant little grain of wheat.



But if it is buried, it changes and grows into a new life and comes to bear many grains of wheat.



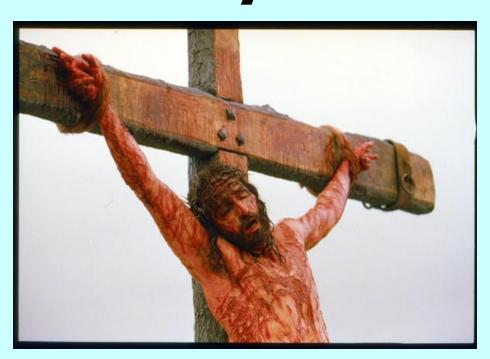
We believe through our faith in Jesus that we go from this life to a richer and a happier life without end.



But still we are afraid of losing our grip on this material life.



To give us the courage we need to make this sacrifice with love, Jesus has gone before us to show us the way.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

AII

Lord, You consented to lose Your life so that we may gain eternal life.



All

Your death on the Cross teaches us that we have to die to sin and selfishness in order to bear fruits of holiness and salvation.



Pause and reflect



Please Stand

HYMN – JESUS KEEP ME NEAR THE CROSS

Near the cross a trembling soul, love and mercy found me; There the bright and morning star, shed its beams around me.

HYMN – JESUS KEEP ME NEAR THE CROSS

In the Cross, in the Cross, Be my glory ever. Till my raptured soul shall find, rest beyond the river.

THIRTEENTH STATION

Jesus is taken down from the Cross



The struggle between life and death is over for Jesus. He is beyond the reach of His enemies and their power to inflict pain.

But they are not at peace, because they have shed innocent blood, and they will have to give an account of their

life to God.

They will not be at peace until they are reconciled with God their Father, and with their fellow men.



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord Jesus, You give us Your peace. May we understand that we can only share in Your peace and bring Your peace



All

to the world if we set aside selfishness and learn to love as You love.



Pause and reflect



Please Stand

HYMN – THIS IS MY COMMANDMENT

This is My commandment: Love one another as I have loved you. Charity is kind, Charity feels no envy, Charity bears up to the end.

FOURTEENTH STATION

Jesus is laid in the tomb



The enemies of Jesus appear to have won. Jesus is laid in a tomb: His friends are hiding, afraid they will be arrested.



But this victory is a victory only in appearance. God has a surprise in store for the enemies and for the friends of

Jesus:



Leader (cont'd):

The Cross will become a Sign of Victory. Does it seem more important to us to be well-to-do, popular and influential,



Leader (cont'd):

than to be faithful to Jesus and to His commandment to love one another as He has loved us?



Please kneel

We adore You, O Christ, and we bless You.

All:

Because by Your Holy Cross, You have redeemed the world.

All

Lord, we end as we began – by asking with insistence: "convert us: change our ways" without Your loving help



All

we will never be able to accept the fact that the only way to Your glorious, risen life is through the cross and death of self.

Pause and reflect



Please Stand

HYMN - NEARER MY GOD TO THEE Nearer, my God, To Thee, **Nearer to Thee;** E'en though it be a cross that raiseth me, Still all my song shall be Nearer my God, to Thee Nearer, my God, to Thee, **Nearer to Thee.**

Conclusion

Leader:

As we come to the end of the Way of the cross, let us be truly sorry for our sins. Please pause a moment and ask God for forgiveness.

We entreat You, O Lord, that Your people who have devoutly commemorated the passion and death of Your Son may receive Your abundant blessing and consolation.

Leader (cont'd):

May they increase in holy faith and ever draw strength from Your redemption through the same Christ our Lord.

All: AMEN.

Let us pray for the Holy Father's intentions.

All:
Our Father (X1)
Hail Mary (X1)
Glory be (X1)

HYMN – JESUS KEEP ME NEAR THE CROSS

Jesus, keep me near the cross, there a precious fountain. Free to all a healing stream, flows from Calvary's mountain.

HYMN – JESUS KEEP ME NEAR THE CROSS

In the Cross, in the Cross, Be my glory ever. Till my raptured soul shall find, rest beyond the river.

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

