
PROGRAMME FOR THE WEEK (SUNDAY 10 MAY 2026 – SUNDAY 17 MAY 2026)

SUNDAY 10 MAY 2026 SIXTH SUNDAY OF EASTER (Psalter Week II)

Acts 8: 5-8, 14-17 Ps 65: 1-7, 16, 20 1 Pt 3: 15-18 Jn 14: 15-21

7.30am Rosary 8.00am Mass (E)

10.00am Rosary 10.30am Mass (M)

THM Serena Yong Lee Chin, Mary Pierrina Loh, Alex Choong & Ange Wong, Janice Ng Xin Yee, Gerald Ng Zhan Bo, William Douglas Kennerson, Josephine Teoh & fly, Raymond Yoong & fly, Anthony Kok & fly, Agnes Chuah & fly

S I Jane Yong Foong Min & fly, Don & Agnes Liyange, Nee Joo Hong & fly, Fidalia Foo, Luke Foo & fly, Catherine Chai & fly, Felix Chai & fly, Raymund Chai & fly, Vincent Chai & fly, Anastasia Chong & fly, Caroline Kung Li Chen, Anna Low Gek Hoo, Gerard Tan Guan Liang & fly, Yew Jia Min, Simon Loh Min Foo & fly, Margaret Loh Hui Qian, Rachel Low Ker Ann, Samantha Way Shi Ying, Theresa Way Shi Qi, Tong Yunn Min, Ignatius Loh Choon Mun, Elanor Pang Swee Ying, Teresa Nguyen Thi Thuy Linh, Anna Huynh Thi Diem Tuyet, Teresa Nguyen Minh Nhat Vy, Maria Nguyen Minh Nhat Lam, Brenda Chong Phui Teng, Ms. Yoong Wai Keng, Patrick Tan & Elizabeth Lau, Albert Cheok, Agnes Chuah & fly

RHM Joseph Loh Min Yan & Annie Lee Set Yoong, Mary Tin Siang Wah, Patricia Ann Quah, John Lee Choon Heng, Peter Ho Van Choy, John Lum Kok Leong & Rose Kok Nyuk Lan, Paul Yoon Phooi Kwong, Henry Kellady, Agnes Chong Siew Gaik, Simon Phong Choong Yen & Maria Lai Moy Lan, Peter Phong Miao Foong & Mary Tan Siew Boey, Thomas Tan Teong Heong, Thomas Liew Chin Khin, Magdalena De Souza, Joseph Chong Chung Ngen, Joseph Chong Khoon & Agatha Phoon Khoon Hiong, Deceased members of Phang Pak & Mary Siew Hup Fook fly, Chew Kheng Ean, Khoo Siew Tan, Herman Thong Pang Boon, Paul Foong Meow Phun, Joseph Chong Yoon Onn & Theresa Lim Yan Lan, George & Catherine Cubinar, Maureen Benedict, Patrick Low Kam Pew & Erica Low Poh Yin, Jacob Chow Thin & Maria Chong Ah Kim, Rose Lee Yut Chan, John Liew Sak Yin & Margaret Chong Yoke Kim, Anthony Chai Chit Seng, Michael Ng Keng Yoong, John Baptist Ng Chong, Joseph Chong Chung Ngen, Angelina Yee Qian Hui, Magdalena Lip, Anton & Philomena De Zilva, Peter & Cecilia Liau, Peter Chong Tong Seng & Lucy Loh Kiew, Agatha Chong Yit Hoe & Veronica Ann Chong Choon Mooi, Theresa Chong Yit Ooi, Rose Mary Chong Ngee Moy & Elizabeth Chong Pek Wai, John Wong Kam Mun & Maria Then Ah Moe, Thomas Wong Tong & Adeline Yeong Tet Lin, Helen Chong Chiew Kook, Anna Cheih Kim Soon, Jude Low Ah Weng, Thomas Lim Kiah Seng, Peter Tan Ah Teong & Rose Chong Ah Han, Peter Tan Chee Yan, Maria Pia Chee Kooi Yin, John Chin You On & Lucy Lai Hai Loi, Michael Yoon Yee Shan, Maria Ng Moy, Chai Nyuk Kong, Rose Chai Set Khyun, Francis Wong Fook Choy, Magdalena Kok Leng Moi, Peter Ng Fatt Loon, Evelyn Chong Bee Choo, Aloysius Wong & Lucy Lam, Joseph Fong Yoon Fook, Tan Yuen Fui, Leong Kum Choy, Ng Paik Sau, Ng Phaik Tin, Lee Son, Andrea Theng Zhao, Ryan Theng Zhe, Brian Guan Tak Hong, Zong Rui, Sita Chan, Peter Yeoh Saik Theang, Robert Lim & Eric Lim, Joseph Chew Choon Siew & deceased fly members, Wong Keah & Choy Mooi Kooi, John Baptist Low Khng Siang, Agnes Tan Soo Luan, Augustine Tan Boon Seng, Teresa Chan Heng Choon, Danial Teo Chui Seng, James Teo Whye How, Jacob Tan Ngi Hua, Agatha Chua Kim Nioh, Paul Tan Peng Yong, Karen Leong, Joseph Phong Chong Long, Anthony Khiew Chuan Eng, Bibianna Lui Phooi Chin, James Oon Seng Hock & Jean Tio Sew Yeng, Lillian Lau Lean Sim, Irene Tan Cheng Imm, Albert Tan Hoe Aun, Margaret Tan Cheng Suan, Faustin Fernandes, Clementine Dourado, Gregory Fernandes, Maria Choong Yoon Moi, Peter Chee Yook Fi & Maria Chin Hon Chin, Teresa Tsong Tak Sat, Paul Ooi Keng Seng & Anita Lee Yeoh Fong, Theresa Chye Yook Kooi, Anne Chai Chun Wah, Paul Yeoh Chai Hock, Lucy Chong Tai, Anna Chin Yook Lan, Mary Yeoh Peak, Mary Chan Ngook Lan, Irene Lai Ah Gek, Simon Lai & Rose Ho Thai, Peter Chuah & Clara Kee, Paul Lai & Anna Chuah, Patrick Lai & Evelyn Lai, Patricia Lai, John Wong, Theresa Wong, Joseph Wong, Agatha Wong, Monica Wong, Souls in Purgatory

MONDAY 11 MAY 2026 6th Week of Easter (Psalter Week II)

Acts 16: 11-15 Ps 149: 1-6, 9 Jn 15: 26 – 16: 4

NO MASS (Mass intentions to be offered at the Clergy Monthly Recollection)

RHM Maria Pia Chee Kooi Yin, Peter Ng Fatt Loon, Joseph Fong Yoon Fook, Patricia Ann Quah, Magdalena Kok Leng Moi, Paul Tan Peng Yong, Maria Chong (Death Anni.)

TUESDAY 12 MAY 2026 6th Week of Easter (Psalter Week II)

Acts 16: 22-34 Ps 137: 1-3, 7-8 Jn 16: 5-11

10.30am Rosary

11.00am Mass (E) followed by a talk on “Mary, the Disciple & Handmade of Joy”

7.30pm Devotion to Sybil Kathigasu

S I Patricia Anne & fly, Murugan & fly

RHM Deceased members of SMC Evergreens, Maria Pia Chee Kooi Yin, Peter Ng Fatt Loon, Joseph Fong Yoon Fook, Patricia Ann Quah, Magdalena Kok Leng Moi, Paul Tan Peng Yong, Velankanniammal, Marianthony Peter, Gracy Marshal, Souls in Purgatory

WEDNESDAY 13 MAY 2026 6th Week of Easter (Psalter Week II)

FEAST OF OUR LADY OF FATIMA

Is 61: 9-11 Ps 44: 11-12, 14-17 Lk 11: 27-28

NO MASS (Mass intentions to be offered at the Clergy Monthly Recollection)

THM Marilyn Cheam & fly, Mr. & Mrs. Johnson Pereira

S I Fidalia Foo, Caroline Kung Li Chen, Anna Low Gek Hoo, Gerard Tan Guan Liang & fly, Alex Choong & fly

RHM Patrick Low Kam Pew & Erica Low Poh Yin, Peter Chong Tong Seng & Lucy Loh Kiew, Agatha Chong Yit Hoe & Veronica Ann Chong Choon Mooi, Theresa Chong Yit Ooi, Rose Mary Chong Ngee Moy & Elizabeth Chong Pek Wai, Helen Chong Chiew Kook, Maria Pia Chee Kooi Yin, Peter Ng Fatt Loon, Joseph Fong Yoon Fook, Patricia Ann Quah, Magdalena Kok Leng Moi, John Baptist Low Khng Siang, Agnes Tan Soo Luan, Augustine Tan Boon Seng, Teresa Chan Heng Choon, Danial Teo Chui Seng, James Teo Whye How, Jacob Tan Ngi Hua, Agatha Chua Kim Nioh, Paul Tan Peng Yong, Agnes Teoh Sai Lan, Catherine Loh Suk Fun, Paul Loh Thian Poh, Angela Rosalind Nunis, Nicholas & Margaret Nunis, Joseph Wong Sze Min & Maria Chin, Louis Wong Fook Hin & Anna Chang, Lucas Wong Fook Sin, Francis Wong Fook Choy, Mr. & Mrs. Joseph Chia Teck Mong, Br. Vincent Corkery, Br. Matthew, Br. Paul Rozario, Peter Lau & Maria Chong, Mr. & Mrs. Peter S. Liau, Mr. & Mrs. Kok Ho Teck, Mr. & Mrs. Anthony Liau Tet Shin, Souls in Purgatory

THURSDAY 14 MAY 2026 THE ASCENSION OF THE LORD, Solemnity

Acts 1: 1-11 Ps 46: 2-3, 6-9 Eph 1: 17-23 Mt 28: 16-20

10.30am Rosary 11.00am Mass (E)

7.30pm Rosary 8.00pm Mass (Bi-Lingual)

S I Alex Wong Chee Kin & Tang Yoot Hoe, Alex Choong & fly, For the sick

RHM Alfred Foong Mun Paw & Mary Rose Ang Eng Geok, Rose Kok Yoke Ying, Jacob Chow Thin & Maria Chong Ah Kim, Rose Lee Yut Chan, Michael Anthony Liew Chin Yoong & Patricia Ho Soo Har, Josephine Liew Kim Foong, Andrew Goh Chan How & Simon Thean, Peter Chong Tong Seng & Lucy Loh Kiew, Agatha Chong Yit Hoe & Veronica Ann Chong Choon Mooi, Theresa Chong Yit Ooi, Rose Mary Chong Ngee Moy & Elizabeth Chong Pek Wai, Helen Chong Chiew Kook, Anna Cheih Kim Soon, Kelvin Wong Teck Ming, Maria Pia Chee Kooi Yin, Peter Ng Fatt Loon, Evelyn Chong Bee Choo, Joseph Fong Yoon Fook, Patricia Ann Quah, Magdalena Kok Leng Moi, Paul Tan Peng Yong, Anthony Khiew Chuan Eng, James Oon Seng Hock & Jean Tio Sew Yeng,

PROGRAMME FOR THE WEEK (SUNDAY 10 MAY 2026 – SUNDAY 17 MAY 2026)

Joseph Fong Tet Soon & Theresa Siew Lai Hoon, Ong Sing Hee & Kuan Shuk Khoon,
Audrey Ong Siew Eng, Souls in Purgatory

Loi, Michael Yoon Yee Shan, Maria Ng Moy, Chai Nyuk Kong, Rose Chai Set Khyun,
Magdalena Kok Leng Moi, Peter Ng Fatt Loon, Evelyn Chong Bee Choo, Aloysius Wong
& Lucy Lam, Joseph Fong Yoon Fook, Peter Yeoh Saik Theang, Anthony Lim Kai Ann &
Mary Theresa Phang Yin Mooi, Joseph Chew Choon Siew & deceased fly members,
Wong Keah & Choy Mooi Kooi, John Baptist Low Khng Siang, Agnes Tan Soo Luan,
Augustine Tan Boon Seng, Teresa Chan Heng Choon, Danial Teo Chui Seng, James
Teo Whye How, Jacob Tan Ngi Hua, Agatha Chua Kim Nioh, Paul Tan Peng Yong,
Karen Leong, John Lennon & George Harrison, Joseph Phong Choong Long, Anthony
Khiew Chuan Eng, Bibianna Lui Phooi Chin, James Oon Seng Hock & Jean Tio Sew
Yeng, Mr. & Mrs. Benjamin Baliah, Mr. & Mrs. Devasagayam Pillai, Lilian Lau Lean Sim,
Irene Tan Cheng Imm, Albert Tan Hoe Aun, Margaret Tan Cheng Suan, Faustin
Fernandes, Clementine Dourado, Gregory Fernandes, Mary Yeoh Peak, Kevin Ong Kun
Huat, Anthony Chai Chit Seng, Veronica Chong Yoot Yoong

FRIDAY 15 MAY 2026 6th Week of Easter (Psalter Week II)

Acts 8: 9-18 Ps 46: 2-7 Jn 16: 20-23

7.30pm Adoration of the Blessed Sacrament

8.00pm Mass (Bi-Lingual)

THM Mr. & Mrs. Johnson Pereira

RHM Anthony Francis, Agnes Chong Siew Gaik, Peter Ng Fatt Loon, Joseph Fong Yoon Fook,
Patricia Ann Quah, Magdalena Kok Leng Moi, Paul Tan Peng Yong, Paciencia &
Simplicio Dain, Veronica Chong Yoot Yoong, Souls in Purgatory

SATURDAY 16 MAY 2026 6th Week of Easter (Psalter Week II)

Acts 1: 12-14 Ps 26: 1, 4, 7-8 1 Pt 4: 13-16 Jn 17: 1-11

5.30pm Rosary 6.00pm Mass (E)

THM Benita & Raymond, Dominic & Regina

S I Luke Foo

RHM Michael Anthony Liew Chin Yoong & Patricia Ho Soo Har, Josephine Liew Kim Foong,
Christopher Vincent Cheang Kum Seng, Gabriel Vincent Cheang Wai Keong, John Lum
Kok Leong & Rose Kok Nyuk Lan, Philomena Lucy Lip Yoke Foong & Jeffrey Tay Soon
Pin, Agnes Chong Siew Gaik, Legion of Mary - Deceased members of Queen of Mission
Presidium, Magdalena Kok Leng Moi, Peter Ng Fatt Loon, Joseph Fong Yoon Fook,
Patricia Ann Quah, Edward Arul, Paul Tan Peng Yong, John Chong Sie Ling & Bibianna
Lui Phooi Chin, Veronica Chong Yoot Yoong, Paul Tan

SUNDAY 17 MAY 2026 SEVENTH SUNDAY OF EASTER (Psalter Week III)

Acts 1: 12-14 Ps 26: 1, 4, 7-8 1 Pt 4: 13-16 Jn 17: 1-11

7.30am Rosary 8.00am Mass (E) + CLOW (E)

10.00am Rosary 10.30am Mass (M) + CLOW (M)

THM Mary Pierrina Loh, Alex Choong & Ange Wong, Janice Ng Xin Yee, Gerald Ng Zhan Bo,
William Douglas Kennerson, Josephine Teoh & fly

S I Nee Joo Hong & fly, Don & Agnes Liyange, Fidalia Foo, Catherine Chai & fly, Felix Chai
& fly, Raymund Chai & fly, Vincent Chai & fly, Luke Foo & fly, Anastasia Chong & fly,
Caroline Kung Li Chen, Anna Low Gek Hoo, Gerard Tan Guan Liang & fly, Simon Loh
Min Foo & fly, Rachel Low Ker Ann, Samantha Way Shi Ying, Theresa Way Shi Qi,
Susan Cheah, Brenda Chong Phui Teng, Grace Khi, Thomas Ch'ng fly

RHM Joseph Loh Min Yan & Annie Lee Set Yoong, Mary Tin Siang Wah, Patricia Ann Quah,
John Lee Choon Heng, Peter Ho Van Choy, John Lum Kok Leong & Rose Kok Nyuk
Lan, Paul Yoon Phooi Kwong, John Baptised Loh Khoon Seong & Agatha Hiew Kim
Fong, Henry Kellady, Agnes Chong Siew Gaik, Simon Phong Choong Yen & Maria Lai
Moy Lan, Peter Phong Miao Foong & Mary Tan Siew Boey, Thomas Tan Teong Heong,
Thomas Liew Chin Khin, Patrick Low Ah Seh, Deceased members of Phang Pak & Mary
Siew Hup Fook fly, Herman Thong Pang Boon, Paul Foong Meow Phun, Joseph Chong
Yoon Onn & Theresa Lim Yan Lan, George & Catherine Cubinar, Maureen Benedict,
Patrick Low Kam Pew & Erica Low Poh Yin, Jacob Chow Thin & Maria Chong Ah Kim,
Rose Lee Yut Chan, John Liew Sak Yin & Margaret Chong Yoke Kim, Ada Tan Ho La,
Angelina Yee Qian Hui, Magdalene Lip, Anton & Philomena De Zilva, Michael Ng Keng
Yoong, John Baptist Ng Chong, Peter & Cecilia Liau, Peter Chong Tong Seng & Lucy
Loh Kiew, Agatha Chong Yit Hoe & Veronica Ann Chong Choon Mooi, Theresa Chong
Yit Ooi, Rose Mary Chong Ngee Moy & Elizabeth Chong Pek Wai, Helen Chong Chiew
Kook, Anna Cheih Kim Soon, Jude Low Ah Weng, Thomas Lim Kiah Seng, Peter Tan Ah
Teong & Rose Chong Ah Han, Peter Tan Chee Yan, John Chin You On & Lucy Lai Hai



**SCRIPTURE
of the DAY**

Acts 8: 5-8, 14-17
Psalm 65: 1-7, 16, 20
1 Peter 3: 15-18
John 14: 15-21



“Through the Holy Spirit we are restored to paradise, led back to the Kingdom of heaven, and adopted as children of God.”

- St Basil the Great

This same promise Jesus made to the disciples applies to us today. Through the gift of the Holy Spirit, God continues to dwell among His people, guiding, strengthening, and comforting us in every generation.

Those who are blessed with loving and supportive families experience how important it is to belong. A caring family helps a person grow in confidence, develop a sense of identity, and face life’s challenges with courage. Unfortunately, not everyone experiences this kind of support. Some elderly persons live alone, some are homebound because of illness, and others feel forgotten and invisible even while living among many people.

Here, our Christian faith calls us to practice accompaniment. In our BECs and neighbourhoods, we are invited to notice those who may be lonely or isolated. A simple visit to an elderly neighbour, bringing a copy of the parish bulletin or the Herald to a homebound, offering a listening ear, or helping with daily needs can become powerful signs of God’s love. In these small acts of care and attention, the **Holy Spirit works through us to remind others that they are not forgotten or alone.**

The Holy Spirit is a real person who loves and cares for us. He strengthens us in times of trial and encourages us when we feel weak, just as He strengthened the apostles in their mission. Through the Holy Spirit, Jesus continues to be present in every generation and in every personal situation.

Faith also unites us with one another. Through faith, we are no longer orphans but brothers and sisters in Christ. Our natural longing to belong finds its ultimate fulfilment in God’s glorious family, which begins here on earth in the community of believers and will be perfected one day in Heaven. ❖

NEWBEC

NEW WAY OF BEING CHURCH | 6th Sunday of Easter | 10 May 2026

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: FAMILY: Accompaniment



Jesus promises that those who love Him and keep His commandments will experience His presence and the presence of the Father. Jesus reassures his disciples, “I will not leave you orphans.” Though he will no longer be physically present with them, they will not be left alone to struggle with their faith. The Father will send the Holy Spirit to remain with them and guide them.



CHURCH OF ST. MICHAEL

Parish Priest: Rev. Fr. Aloysius Tan

Tel: 05-2540176

01126308369 (Parish Office- WhatsApp Text only)

016-4661946 (Fr. Aloy-preferably WhatsApp msgs)



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Donation via cheque can be issued under "St. Michael's Church, Ipoh"

or Online Banking to RHB Acc No: 20801600155746

S.M.C. - Discipleship through Sanctification, Mission and Community

DAYS	
11/05/2026 Monday	NO MASS (Mass intentions to be offered privately)
12/05/2026 Tuesday	10.30am Rosary 11.00am Mass (E) followed by Talk on "Mary, the Disciple & Handmade of Joy" 7.30pm Devotion to Sybil Kathigasu
13/05/2026 Wednesday	FEAST OF OUR LADY OF FATIMA NO MASS (Mass intentions to be offered privately) Clergy Monthly Recollection
14/05/2026 Thursday	ASCENSION OF THE LORD (Day of Obligation) 10.30am Rosary 11.00am Mass (E) 7.30pm Rosary 8.00pm Mass (Bilingual)
15/05/2026 Friday	7.30pm Adoration of the Blessed Sacrament followed by Mass (Bilingual)
16/05/2026 Saturday	11.00am Wedding Mass (E) 5.30pm Rosary 6.00pm Mass (E)
17/05/2026 Sunday	SEVENTH SUNDAY OF EASTER (World Social Communication Sunday) 7.30am Rosary 8.00am Mass + CLOW (E) 10.00am Rosary 10.30am Mass + CLOW (C)

MESSAGE FROM FR ALOY

As we enter the month of May, let us draw closer to Mother Mary, our loving Mother. Let us seek her love, her companionship, and her powerful intercession.

Make a special effort to pray the Rosary as a family, whether in church or at home.

Mother's Day Wish

"Her children rise up and call her blessed." (Proverbs 31:28)

Today, we give thanks to God for all mothers in our parish. May you always be blessed for the love, sacrifice, and faith that you so generously share.

May God's tender love, reflected in a mother's care, continue to bring comfort and peace to our families.

Talks on Mother Mary by Martin Jalleh (English)

1. "MARY, THE DISCIPLE & HANDMAID OF JOY"

An inspiring and scriptural reflection to deepen your devotion to Mother Mary during this Marian month.

12 May 2026 (Tuesday), after the 11:00 AM Mass

A joyful meal will be served after the talk.

2. "MARY, THE PERFECT MODEL OF DISCIPLESHIP

THROUGH S.M.C. (Discipleship through Sanctification, Mission and Community (S.M.C) — the theme of our parish)"

As the month of May gently comes to an end, the Church does not move away from Mary but journeys more deeply with her. Mary, the Mother of Jesus, is not merely an object of devotion, but the living model of discipleship, a radiant path that leads us directly to Christ.

29 May 2026 (Friday), after the 8:00 PM Mass

Light refreshments will be served after the session.

HOLYDAY OF OBLIGATION

The Ascension of the Lord, Thursday 14th May 2026

10.30am Rosary followed by Mass (English)

7.30pm Rosary followed by Mass (Bilingual)

NEW RCIA PROGRAM 2026-2027 (ENGLISH)

The new RCIA Program will start on the 07th of June.

The RCIA Facilitators will be setting up a table promoting the upcoming program after the 6pm sunset Mass (9th May) and 8am Mass (10th May).

Please take a form and pass it on to any of your friends who may be interested in knowing more about the Catholic faith. In this small way, you may be bringing someone to God. For further details, you may contact Deva Manoharan +60 12-453 1607

DEVOTION PRAYER TOGETHER WITH SYBIL KATHIGASU

Devotional prayers on 12/05/2026 (Tues) at 7.30pm

MARRIAGE BANNS

Proposals of Marriage at St. Michael's Church, Ipoh:
(2nd Publication)

1. **Raymond Emmanuel** s/o Arokianathan & Jabamalai of Ipoh & **Benita Naveena** d/o Thomas M. Santhanasamy & Hilda Stephen of Ipoh on 16th May 2026

Anyone who has any objections to the above proposed marriage, kindly notify the Parish Priest immediately.

Quotations of Pope Francis:

“In the month of May, let us rediscover the beauty of praying the Rosary at home, in the family.”

“Contemplating Christ with the heart of Mary helps us to be united as a spiritual family.”

BEC ROSARY SCHEDULE FOR MAY 2026

Please contact your BEC leader for the date, time and venue for Rosary Prayers in your BEC.

BEC	Name of BEC Leaders	Contact	Rosary Prayers
BEC Panorama Lapangan Perdana	Ambrose Alexender	019-590 6172	10,17,24 May
BEC Pengkalan 2	Jude Quah	012-506 0935	
BEC Bandar Seri Botani	Gerard Selvaraj	014-249 3956	6 May
BEC Menglembu	Mary Alberto	019-513 2800	1,8,22,27,29 May
BEC Pasir Puteh 1 & 2	Monica Chung	017-482 7728	11, 18, 25 May
BEC Taman Temara	Nicholas Nesamuthu	014-711 2761	14, 15 & 16 May
BEC Bunga Raya 1&2	Theresa Chew	017-510 0688	12, 25 May
BEC Hillview	James Quah	012-206 8831	16,20,22 & 26 May
BEC Mansion Park & BEC Housing Trust	Helen Loke & Bernard Lee	012-507 1511 017-565 9313	6,15,20,28 May
BEC Taman Golf / Tun Dr Ismail	James Teh	011-1226 6988	5,6 May
BEC Chateau Garden & Greentown	Agnes Wong	019-5571319	12, 19, 20, 21 May
BEC Ipoh Jaya	Rose Yee	012-5309188	3,10,17,24,31 May
BEC Rapat Indah	Louis Rozario	010-390 5011	5,7,11,19,21,28 May
BEC Pengkalan 孟加兰基信团.	Lucy Ho 何秀明.	016-6400628	3, 9, May
BEC Simpung Pulai 新邦波赖基信团.	Philip Tong 唐伟伦.	016-5937121	2, 9,16, 23& 30 May
BEC Panorama Rapat Indah 美景园基信团.	Paul Cheok 卓保隆.	016-5438288	3,10,16, 24 May
BEC Ampang 暗邦基信团.	Christina Chin 陈育湊	017-2994188	4,18, 27 May
BEC Taman Panglima 乒乓花园基信团.	Anthong Kok 郭志光.	016-5607527	5 May
BEC Taman Song Choon 松俊花园基信团	Adeline Phang 彭凌欣	019-9390113	
BEC Tg Tawas 斗华新村基信团.	Daphne Soo 苏碧霞.	012-5675213	
BEC Gunung Rapat 昆仑喇叭基信团.	Veronica Teh 郑丽玲	012-5803513.	9, 16, 23, 30 May
BEC Pasir Pinji 兵如港基信团	Micheal Phong 冯文旭	012-5222585	6, 20 & 27 May
BEC Menglembu	William Lew	012-5215598	



当日经文

宗八: 5-8, 14-17
咏六十五: 1-7, 16, 20
伯前三: 15-18
若十四: 15-21



“借着圣神，我们得以重返天堂，被引领回到天国，并被接纳为天主的子女。”

圣巴西略主教圣师

只供内部傳閱
BUL 19/2026

耶稣对门徒所作的这个应许，今天也同样适用于我们。借着圣神的恩赐，天主继续住在祂的子民中间，在每一代人中引导我们、坚固我们、安慰我们。

那些拥有充满爱与支持的家庭的人，会体会到归属感的重要性。一个充满关爱的家庭能够帮助一个人建立自信，发展自我认同感，并勇敢地面对人生的挑战。然而，并非每个人都能获得这样的支持。有些老人独居，有些因病卧床不起，还有一些即使身处人群之中，也感到被遗忘和被忽视。

在这里，我们的基督信仰呼召我们实践陪伴。在我们的基信团和邻里，我们蒙召去留意那些可能感到孤独或与世隔绝的人。一次简单的探访，拜访一位年长的邻居；给行动不便的人送去一份堂讯或《先锋报》；倾听他们的心声；或帮助他们解决日常所需，都能成为天主之爱的有力见证。在这些微小的关怀和关注中，圣神透过我们，提醒他人他们并没有被遗忘，也不是孤单的。

圣神是一位真实存在的神，祂爱我们，关怀我们。祂在试炼中赐予我们力量，在我们软弱时鼓励我们，正如祂在宗徒们完成使命时赐予他们力量一样。借着圣神，耶稣持续临在于每一代人、每一种个人境况中。

信仰也使我们彼此联合。借着信仰，我们不再是孤儿，而是在基督内成为兄弟姐妹。我们渴望归属的天然愿望，最终在天主荣耀的大家庭中得到满足。这大家庭始于地上信徒的团契，并将于日后在天国达到圆满。✠

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NEWBEC

NEW WAY OF BEING CHURCH | 复活期第六主日 | 2026年5月10日

携手迈向一个同道偕行与先知性的教会

福传使徒的子民

月份焦点: 家庭: 陪伴



与圣神同行

耶稣应许，凡爱祂、遵守祂命令的人，必能经历祂的同在和天父的同在。耶稣安慰门徒说：“我必不留下你们为孤儿。”虽然祂不再与他们同在，但他们不会孤单地在信仰中挣扎。天父会差遣圣神与他们同在，引导他们。



CHURCH OF ST. MICHAEL

堂区司铎: 陈亿赐神父

Tel: 05-2540176

011-26308369(SMC办公室以WhatsApp 讯息为佳)

016-4661946 (Aloy神父以WhatsApp 讯息为佳)



办公室行政主任: Veronica Quah

24, Church Road, 30300 Ipoh, Perak

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“St. Michael’s Church, Ipoh”

Website: www.smcipoh.com

Email: smcipoh@gmail.com

S.M.C. - 藉着圣化、使命与团体共融，走向门徒之道。

日期	
11/05/2026 (一)	没有弥撒 (弥撒意向会私下奉献)
12/05/2026 (二)	10.30am 玫瑰经 11.00am 弥撒 (英) 接着圣母讲座 (英) 7.30pm 西碧尔敬礼
13/05/2026 (三)	法蒂玛圣母瞻礼 没有弥撒 (弥撒意向会私下奉献)
14/05/2026 (四)	耶稣升天节 (必守瞻礼日) 10.30am 玫瑰经 11.00am 弥撒 (英) 7.30pm 玫瑰经 8.00pm 弥撒 (双语)
15/05/2026 (五)	7.30pm 圣体朝拜接着弥撒 (双语)
16/05/2026 (六)	11.00am 婚配弥撒 (英) 5.30pm 玫瑰经 6.00pm 弥撒 (英)
17/05/2026 (日)	复活期第七主日 (世界传播媒介日) 7.30am 玫瑰经 8.00am 弥撒+儿童礼仪(英) 10.00am 玫瑰经 10.30am 弥撒+儿童礼仪(华)

ALOY 神父的话

在这五月份圣母月，让我们更亲近圣母玛利亚——我们慈爱的母亲。让我们寻求她的爱、她的陪伴，以及她有力的转祷。请大家努力参与家庭玫瑰经祈祷，无论是在教堂或在家中，与家人一同祈祷。

母亲节祝福

“她的子女起来称她有福。” (箴言 31:28)

今天，我们为堂区所有的母亲感谢天主。愿你们因所付出的爱、牺牲与信德，常常蒙受祝福。

愿天主温柔的爱，透过母亲的关怀，在我们的家庭中不断带来安慰与平安。

Martin Jalleh 圣母讲座 (英语)

1. 「玛利亚——喜乐的门徒与主的婢女」

以圣经为基础的启发性分享，帮助您在圣母月加深对圣母的敬礼。

2026年5月12日 (星期二)，上午11时弥撒后

讲座后设有“喜乐聚餐”。

2. “玛利亚，完美的门徒典范——透过 S.M.C. (藉着圣化、使命与团体共融，走向门徒之道。)”

当五月渐近尾声，教会并不是与圣母道别，而是更深入地与她同行。

耶稣之母玛利亚，不只是我们敬礼的对象，更是活生生的门徒典范，是引领我们直达基督的光辉道路。

2026年5月29日 (星期五)，晚上8时弥撒后

灵修讲座之后，将提供简单茶点。

堂区会议/ 活动

青年团委员 5月份会议	10/05/2026 (星期日)	12.30pm - 1.30pm	要理班课室
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青春无悔

诚邀全体中三至中五华文组要理班青年踊跃参与《青春无悔》课程。

这是一个享誉国际的课程，已在全球70个国家、以35种语言推行，内容围绕生命、爱情与性教育，并深入探讨婚前守贞的意义与价值，帮助青年建立正确的人生观与价值观。

由于本堂要理班学生人数有限，此课程仅每两至三年举办一次，因此每位学生一生中可能只有一次参与的机会。这是一个难得的平台，让青年人认真思考，并作出影响一生幸福的重要选择。诚盼大家把握机会，积极参与，切勿错过。

此外，我们也欢迎有兴趣的非天主教青年一同参加。

活动详情如下：

日期：2026年6月17日（星期三，Awal Muharram 学校假期）

时间：上午9时至下午5时

地点：怡保圣米高堂庞神父礼堂

费用：

RM30（1个家庭1位孩子）

RM50（1个家庭2位孩子）

RM70（1个家庭3位孩子）

RM80（1个家庭4位孩子）

费用已包含早茶、午餐、下午茶及课程手册。

欢迎家长鼓励孩子报名参加，让他们在青春的重要阶段，获得正向、健康且有意义的引导。

与西碧儿·卡迪卡苏共同祈祷

将于2026年5月12日（星期二）晚上7时30分进行祈祷。

必守瞻礼日

耶稣升天节，2026年5月14日（星期四）

10.30am 玫瑰经后接着弥撒（英）

7.30pm 玫瑰经后接着弥撒（双语）

教宗方济各的语录：

“在五月这个月份，让我们重新发现，在家庭中诵念玫瑰经的美丽。”

“以玛利亚的心默观基督，帮助我们成为一个合一的属灵家庭。”

2026年5月基信团玫瑰经祈祷时间表

请联络您所属基信团的负责人，以了解玫瑰经祈祷的日期、时间及地点。

基信团	基信团领袖	联络号码	玫瑰经
BEC Panorama Lapangan Perdana	Ambrose Alexander	019-590 6172	10,17,24 May
BEC Pengkalan 2	Jude Quah	012-506 0935	
BEC Bandar Seri Botani	Gerard Selvaraj	014-249 3956	6 May
BEC Menglembu	Mary Alberto	019-513 2800	1,8,22,27,29 May
BEC Pasir Puteh 1 & 2	Monica Chung	017-482 7728	11, 18, 25 May
BEC Taman Temara	Nicholas Nesamuthu	014-711 2761	14,15 &16 May
BEC Bunga Raya 1&2	Theresa Chew	017-510 0688	12, 25 May
BEC Hillview	James Quah	012-206 8831	16,20,22 & 26 May
BEC Mansion Park & BEC Housing Trust	Helen Loke & Bernard Lee	012-507 1511 017-565 9313	6,15,20,28 May
BEC Taman Golf / Tun Dr Ismail	James Teh	011-1226 6988	5,6 May
BEC Chateau Garden & Greentown	Agnes Wong	019-5571319	12, 19, 20, 21 May
BEC Ipoh Jaya	Rose Yee	012-5309188	3,10,17,24,31 May
BEC Rapat Indah	Louis Rozario	010-390 5011	5,7,11,19,21,28 May
BEC Pengkalan 孟加兰基信团.	Lucy Ho 何秀明.	016-6400628	3, 9, May
BEC Simpung Pulai 新邦波赖基信团.	Philip Tong 唐伟伦.	016-5937121	2, 9,16, 23& 30 May
BEC Panorama Rapat Indah 美景园基信团.	Paul Cheok 卓保隆.	016-5438288	3,10,16, 24 May
BEC Ampang 暗邦基信团.	Christina Chin 陈育湊	017-2994188	4,18, 27 May
BEC Taman Panglima 乒乓花园基信团.	Anthong Kok 郭志光.	016-5607527	5 May
BEC Taman Song Choon 松俊花园基信团	Adeline Phang 彭凌欣	019-9390113	
BEC Tg Tawas 斗华新村基信团.	Daphne Soo 苏碧霞.	012-5675213	
BEC Gunung Rapat 昆仑喇叭基信团.	Veronica Teh 郑丽玲	012-5803513.	9, 16, 23, 30 May
BEC Pasir Pinji 兵如港基信团	Micheal Phong 冯文旭	012-5222585	6, 20 &27 May
BEC Menglembu	William Lew	012-5215598	